
VALUES OF ISLAMIC EDUCATION IN BOOKS *FINALLY I FOUND TRUE HAPPINESS* KARYA DR. EDHI AL-QARNI**Hanafi Sulaiman**

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ABSTRACT

The book *Finally I Found True Happiness* is a book written by by Aidh Al-Qarni. In this book there are many things related to Islamic Education which have a very positive impact on building faith, morals and motivation for everyday life. This type of research is library research. Documentation technique is used in collecting the data. Content analysis is applied in analyzing the data that has been collected. As well as deductive thinking patterns used in this research. The research data source is the book *Finally I Found True Happiness* and is supported by other sources such as books related to the thesis. The purpose of this research is to find out what Islamic education values are in the book *Finally I Found True Happiness*. The results of the study can show that the Islamic education values in the book *Finally I Found True Happiness* by Aidh Al-Qarni are full of Islamic education values which include: 1) Akidah aspect: Faith in Allah, Faith in the Book, Faith in the Messenger, and Faith in Qadha and Qadar 2) Sharia aspects: patience, gratitude, piety, prayer, tawakal, dhikr, istiqamah, and simplicity. 3) Moral aspects: morals towards Allah, morals towards parents, morals towards oneself, and morals towards others. Meanwhile, the relevance of these Islamic education values to today's globalized education is the lack of levels of faith, piety, repentance and good prejudice. At least with the discussion of Islamic education values in the book *Finally I Found True Happiness* by Aidh Al-Qarni, it can be used as a benchmark and actualized in the world of Islamic education in a concrete manner in real daily life.

Keywords: *Values, Islamic Education, Book Finally I Found True Happiness***INTRODUCTION**

Education is a process to achieve the goals of a nation that will be realized. In order to ensure the survival of the nation and state, education plays a very big role in it, the means or in order to improve the quality of community resources is an important part of an educational process. For

every individual who is very attentive or has given all special attention to the entire world of education which should be able to make every individual a good person or a kamil person.

Considering that human beings with basic completeness in themselves have just reached maturity in life. After developing through the level of mental and physical life with the direction or guidance of the education obtained, because there is no creature created by God on earth that can achieve perfection or maturity in life without going through a process or practice of learning. By learning, human beings make qualitative changes in individuals so that behavior develops, even by being knowledgeable, a person's degree will be elevated and noble before Him. As the Word that has been revealed by Allah SWT in Q.S. Al-Mujlà verse 11: "...Allah will raise up those who believe among you and those who are given some degree of knowledge. And Allah is Knowing, of what you are doing."

Based on this explanation, it can be understood that Allah SWT will not change a person, except with one condition, namely that he himself will change him. If they change themselves for the better, then they will also get goodness. But if on the contrary, they choose the wrong path, then the evil will also be obtained, because Allah SWT will never oppress his servants.

In the Law of the Republic of Indonesia Number 20 of 2003 concerning the National Education System in Article 3 states that Education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have religious spiritual strength, self-control, personality, intelligence, noble morals, and skills needed by themselves, the people of the nation and the State (Tim Pustaka, 2007).

With the increase in science and technology, it has resulted in increasing the materialistic and hedonistic lifestyle among the people. A further impact of this lifestyle is the increase in moral decadence, both among children, adolescents, and adults. The challenges of future complexity provide two choices, namely resigning yourself to fate or preparing yourself as best as possible. Education that aims to have dimensions for the future certainly chooses the second option, meaning that education carries the task of preparing for its role in the future so that it will become a quality human being in the future (Mohammad Ali, 2012).

Islamic education in the process has various values that support the implementation of education and even become a series or system in it. One of them is faith education, sharia, morals, and others. This value is the basis for the development of children's souls so that they can provide *output* for education in accordance with the expectations of the community.

The cultivation of educational values can not only be done through formal educational institutions but also through print and electronic media such as radio, internet, magazines, newspapers, television, books, novels, short stories, and others. Books can be used as an effective medium for instilling Islamic educational values. Through books, indirectly by reading and studying them can provide benefits for readers.

The author is interested in establishing the book *Finally I Find True Happiness* as the object of writing, because in the book *Finally I Find True Happiness* the author finds the values of Islamic education so that it can contribute to the development of the adolescent soul. In addition, the book *Finally I Find True Happiness* invites us to get to know our souls and spirits better so that we can always calmly look forward to the journey in the future.

In this article, there is not a single source of writing that specifically writes about the relevance of Islamic educational values in the book "*Finally I Find True Happiness*" works by Dr. Aidh al-Qarni in today's life. Most of the previous writings focused on the value of self-awareness and moral education, while the author's focus here is on the relevance of Islamic educational values in the book *Finally I Find True Happiness* works by Dr. Aidh al-Qarni in today's life. Based on this, the author was also encouraged to take the title "The Values of Islamic Education in the Book *Finally I Find True Happiness* by Dr. Aidh al-Qarni".

RESEARCH METHODS

This research uses a qualitative approach, which is research that emphasizes the method of meaning or interpretation of a phenomenon, both in the perpetrator and the product of its action (Tim Penyusun, 2017). The type of research that will be used by the researcher is library *research*, with the type of literature research, the process of searching and collecting data comes from relevant literature sources or literature and makes texts or documents the main object of research analysis.

There are 2 types of data sources in this study, namely primary and secondary data sources. The primary source comes from a book by Dr. Aidh al-Qarni entitled *Finally I Find True Happiness*. As well as secondary sources in the form of books, journals, or other writing materials as support. In accordance with research that uses a qualitative approach with the type of Text Study Research or called *library research*, the techniques for data collection used must also be in accordance with the principles of literature research.

The data analysis technique used by the researcher in this study is content analysis. The one used to check the validity of the data in this study

is by Triangulation. Triangulation, according to Moleong, is a technique for checking the validity of data that utilizes something other than the data for the purpose of checking or comparing the data (Moleong, 2014).

PEMBAHASAN

The Values of Islamic Education in the Book *I Finally Found True Happiness*

The value of Islamic education that researchers carefully examine in the book *Finally I Find True Happiness* is the value of creed, sharia value, and moral value and its relevance. The value of Islamic education conveyed in this study is taken from the descriptions and dialogues contained in the book. The researcher cited three educational values, namely the value of faith, the value of sharia, and the value of morality and their relevance by reading page by page, to the end of the page. If there is a dialogue or description of the three values of Islamic education and their relevance, it will be recorded and presented.

The book *Finally I Find True Happiness* has 326 pages and 162 thematic titles, but in this case the book *Finally I Find True Happiness* is different from most other books where the division is usually divided into chapters, while this book is based on themes with different titles. The value of Islamic education in the book *Finally I Found True Happiness* regarding the value of creed, sharia, and morals and its relevance has 55 (fifty-six) quotations, and is divided into several parts regarding the value of faith, namely Faith in Allah there are 2 (two) quotations, Faith in the Book has 5 (five) quotations, Faith in the Messenger of Allah has 1 (one) quotation, and Faith in Qada' and Qadar has 2 (two) quotations. As for the value of shariah, namely patience there are 3 (three) quotes, gratitude there are 4 (four) quotes, piety has 2 (two) quotes, Salat has 5 (five) quotes, tawakal has 4 (four) quotes, dhikr has 5 (five) quotes, and istiqamah has 5 (five) quotes. And the last is the moral value, namely Morality towards Allah there are 3 (three) quotes, Morality towards parents has 1 (one) quote, Morality towards oneself has 6 (six) quotes, and Morality towards others has 7 (seven) quotes.

No	The Value of Islamic Education	Yard	Jumlah
1	The Value of Faith		
	Faith in God	97, 197	2
	Faith in the Book	103, 276, 297, 308, 318	5

	Faith in the Apostle	46	1
	Faith in Qada' and Qadar	114, 314	2
2	Sharia Values		
	Patient	6, 198, 288	3
	Syukur	19, 80, 148, 293	4
	Piety	183, 266	2
	Salad	51, 146, 163, 179, 253	5
	Tawakal	27, 48, 101, 274	4
	Zikir	161, 211, 271, 284, 304	5
	Istiqamah	126, 143, 152, 176, 200, 316	5
	Simple	11, 157	2
3	Moral Values		
	Morals towards Allah	39, 45, 81	3
	Morals towards Parents	68	1
	Self-esteem	111, 141, 194, 306	4
	Morals towards Others	36, 38, 52, 123, 135, 154, 312,	7

Creed

The value of faith is the main foundation for human life according to its nature, because humans have the nature and tendency to experience and believe in the existence of God. This faith education begins from the moment the baby is born by sounding the call to prayer to his ears so that the first time he hears is the greatness of Allah's Asma. Faith in language can be understood as a strong and solid bond, knot and covenant. Bond in this sense refers to the basic meaning that human beings since azali have been bound by a strong covenant to accept and acknowledge the existence of the Creator who regulates and controls him, namely Allah SWT.

Faith in Islam includes a belief in the heart of Allah as a God to be worshipped; oral speech in the form of two sentences of shahada; and deeds with righteous deeds. Thus, the Islamic faith is not just a belief in the heart, but at the next stage it must be the basic reference in behaving and doing

which will ultimately produce righteous deeds. There are 10 quotes about the value of faith in the book *Finally I Find True Happiness*.

1. Faith in God

Faith in Allah confirms with all his confidence the existence of Allah SWT. who has the nature of perfection and the impossibility of shortcomings. Believing in Allah is the first part as a valid condition for Islam, which is to proclaim and justify the existence of Allah SWT. that He is indeed the creator of all things, the All-Knowing of the supernatural and the Visible, the Lord of all things, the Almighty, there is no God but Allah and there is no God besides Him who has the nature of perfection and is clean from various flaws (Nata, 2012).

In the book *Finally I Find True Happiness there* are several things related to faith in Allah, al-Qarni advises Take advantage of every minute of your life to live with Allah, then plant provisions for the hereafter, surely you will find the fruit by the side of Allah in His paradise in the future. However heavy the day you are in, rest assured that it will give you understanding, making you more intelligent and alert. So establish yourself in steadfastness of faith in Allah.

2. Faith in the Book

Faith in the books of Allah is believing that Allah SWT has sent down several holy books to the Prophets and Messengers as a guideline for life that guides people to the path of truth according to His pleasure. The books that were revealed included Zabur, Torah, Gospel, and the Qur'an (Khozin, 2013). In the book *Finally I Find True Happiness* there are several things related to faith in the Book, one of which is the Qur'an, al-Qarni advises to be a friend of the Qur'an, make him a friend on your journey, in the library, in the car, at home, surely your life will change. For you are friends with Allah, and that is the best friend, the best comforter, and the best friend and friend.

3. Shari'ah

Shari'a is the rules of Allah that are used as a reference by humans in arranging and regulating their lives both in relation to the relationship between humans and Allah, humans and fellow humans and humans and the surrounding nature. Islamic sharia contains teachings about what must be obeyed and obeyed by every Muslim. Because the religion of Islam is derived from the rules of Allah, Islamic sharia is a system of Allah's rules that we must obey. The Islamic rule system is built on five sharia basics or rules called the pillars of Islam, namely: shahada, prayer, zakat, and hajj. The values of Islamic education that exist in us when instilling the sharia

aspect, namely Salat are responsibility and discipline. There are 28 quotes about sharia values in the book *Finally I Find True Happiness*.

4. Piety

Piety is the fear of the believer in his God which is based on knowledge, always remaining in obedience to him by doing (all) obligations and deeds that can bring him closer, and staying away from all prohibitions, to expect His reward and salvation from His reward. In the book *Finally I Find True Happiness* there are several things related to piety, al-Qarni mentions that there are people who Allah SWT has opened up for the good of this world and the hereafter, there are also those who are opened to them in the hereafter but are lacking in this world. There are also people who are overflowing with the treasures of the world, but are poor in righteousness. There are also those who do not have religion, and the world does not. Thus, a Muslim should always be disciplined in making use of the time he has, especially when he gathers with his friends, as an opportunity to get inspiration, or to discuss a verse, or to explore a sharia law, or anything useful so that everyone can benefit from it.

1. Salad

Prayer is worship that is carried out in the form of certain words and deeds with a sincere and solemn heart, starting with takbiratul ihram and ending with a greeting in accordance with the terms and conditions and pillars that have been determined (Sahriansyah, 2014). In the book *Finally I Find True Happiness*, several things related to prayer are found, al-Qarni advised to make prayer on time the most important thing after monotheism. If you hear the cry of Allahu Akbar Allahu Akbar has echoed, then abandon all activities, hurry up to perform ablution and go to the house of Allah SWT. He also reminded whoever leaves his prayer, he has condemned himself to the abyss of destruction and destruction, he has fallen into suicidal behavior and has received the wrath of Allah Almighty.

2. Tawakal

Tawakal is one of the joints of faith and monotheism to Allah SWT, because tawakal is based on the belief that Allah is the God who controls all things, regulates all things. He is the one who determines the luck or loss of a person, the success and failure of a person. Humans are creatures who must realize that they are in the hands of Allah, they need the guidance and help of Allah SWT (Basri, 2008). In the book *Finally I Find True Happiness*, several things related to tawakal are found, al-Qarni advises not to give up and despair. Even though it is a bit already, your sustenance will come with the permission of the Almighty. Therefore, trust in Allah SWT and leave all affairs to Him. With the permission of Allah Almighty, you will

be able to and realize your desires if you put your trust in Allah SWT and walk with determination.

3. Zikir

Dhikr is one of the efforts of human beings to get closer to Allah SWT by remembering Allah and remembering His majesty. The realization to remember Allah is by praising Him, reading His words, seeking His knowledge and asking only for Him. In the book *Finally I Find True Happiness*, several things related to dhikr are found, al-Qarni mentions that dhikr to Allah SWT will open the chest until it bears fruit of strength and enthusiasm. By remembering Allah Almighty, you will become His most precious servant. There is no charity that makes you have to stop your activities, there is not even an easier charity, apart from dhikr to Allah SWT.

4. Moral

Moral values are one of the intellectual treasures of Muslims whose presence is increasingly felt until now. Historically, and theologically, morals appear to guard and guide the journey of human life to be safe in this world and the hereafter. Morals are divided into two types; namely commendable morals and reprehensible morals. There are 17 quotes about moral values in the book *Finally I Find True Happiness*.

a. Morals towards Allah

Good morals to Allah are pleased with His laws both in sharia and destiny. He accepted it with open arms and did not complain. If Allah decrees something to a Muslim who is not liked by the Muslim, he feels pleased, accepting, and patient. He said with his mouth and heart: I am pleased with Allah as my Lord. If Allah establishes the law of Sharia, he will be pleased and accept. He submits to the sharia of Allah Azza Wa Jalla with an open mind and a calm soul (UMS, 2020).

In the book *Finally I Find True Happiness*, several things are found related to morals towards Allah SWT, al-Qarni mentions that you must be close and familiar with many people. Remove the veil of pretense, feeling high, and takava. Because Allah SWT is angry and insults those who are ignorant. On the other hand, those who tawadhu because of Allah SWT must Allah raise their status.

b. Morals towards Parents

Morals which in principle are divided into several forms. First, morality to the elderly. Second, morality to children as descendants of parents who are part of the flesh and blood of parents. The form of morality towards parents is to always be devoted to both, not to argue with their words, to always do what they are told to do. As explained in the Qur'an surah Al-isra' verse 23, in the surah we are commanded

to always do good to mothers and fathers with the best deeds. And never do we say "ah" to them and say to them a noble word (UMS, 2020).

In the book *Finally I Find True Happiness*, several things related to morals towards parents are found, al-Qarni advises seek pleasure from your mother and father by doing whatever they like. If you are still alive, be happy because they are the open door to the sky. Do not close the door by disobeying them so that the Almighty may be wrathful against you. O Allah, forgive the sins of my servants and the sins of my parents.

c. Morality towards Yourself

Man has obligations to himself that must be fulfilled in order to fulfill his rights. This obligation is not solely to be selfish or to abuse oneself. In human beings there are two elements, namely physical (body) and spiritual (soul). In addition, humans are also endowed with reason that distinguishes humans from other creatures of God. Each element has rights where one and the other have obligations that must be fulfilled to fulfill their respective rights. So, what is meant by morality towards oneself is a person's attitude towards his personal self, whether it is physical or spiritual in nature. We must be fair in treating ourselves, and never force ourselves to do something that is not good or even harmful to our souls (UMS, 2020)

In the book *Finally I Find True Happiness* there are several things related to self-morality, al-Qarni mentions that take your time for an hour to wash from the feet of life and the dirt of the world. Think and pay attention to your world and the hereafter, then you will have a stop to evaluate and a jumping point to start anew

d. Morals towards Others

Good morals to creatures (Allah) are as some scholars say: refrain from disturbing (hurt), like to give, and have a sweet face. Refraining from disturbing means not disturbing humans either verbally or deed. While giving a lot is like giving in the form of wealth, knowledge, position, and others.

To have a sweet face is to welcome a human being with a bright face, not gloom or turn his cheeks. This is a good moral to the creature (Allah). There is no doubt that the person who does this, by refraining from interfering and giving a lot, will make his face radiant. There is no doubt that he will put up with the painful attitude of man towards him. Patience with human interference is a good moral.

Indeed, among human beings there are people who like to hurt their brothers, by acting arbitrarily and harming them, for example by eating their property or demanding the rights that actually belong to (the other person), and so on. But that person is patient and expects the reward from Allah the Most Holy and the Most High (UMS, 2020).

In the book *Finally I Find True Happiness* there are several things related to morals towards others, al-Qarni advised good people to always be prejudiced against others and even usually forgive easily and do not like to exaggerate mistakes and mistakes, Do not be ill-minded towards virtuous actors. When you do good deeds and have good intentions, you will undoubtedly be kind to others, and do not be sour and frown. Don't be too yourself and others around you.

The Relevance of Islamic Educational Values in the Book, I Finally Found True Happiness in My Present Life

1. The Value of Faith

Faith in Islam includes a belief in the heart about Allah as a God who must be worshipped; oral speech in the form of two sentences of shahada; and deeds with righteous deeds. For example, believing in Allah SWT and not worshipping anything other than Him.

The freedom of adolescents in associating with peers, older or younger, even association with the opposite sex that we usually meet in public places that embrace each other with the opposite sex or also called the term dating, according to them is a style or style today that is usually practiced by adolescents, such forms of association can be called promiscuity, In fact, such actions are not good, because they can damage associations that were initially fine and become no longer good, so the practice of faith in oneself is very necessary to fortify oneself from these despicable deeds (Hasnil, 2019).

Based on the phenomenon that occurred, it can be assessed that the level of faith among the younger generation is starting to decrease. Even though faith here is the most important thing to be used as the foundation of personality. As explained in QS. Al-Imran verse 102 which means, "O you who believe, fear Allah with true fear in Him and do not die except in the state of Muslims."

2. Sharia Values

Shari'ah is the rules of Allah that are used as a reference by humans in arranging and regulating their lives both in relation to the relationship between humans and Allah, humans and fellow humans and humans and

the surrounding nature. For example, congregational prayers that are done on the basis of piety, dhikr after carrying it out.

3. Moral Values

Moral values are one of the intellectual treasures of Muslims whose presence is increasingly felt until now. Historically, and theologically, morals appear to guard and guide the journey of human life to be safe in this world and the hereafter. Morals are divided into two types; namely commendable morals and reprehensible morals. An example of commendable morals is always speaking politely and full of gentleness to parents. As well as examples of reprehensible morals are arrogance, envy, envy, envy, etc.

At this time, the young generation is facing the problems of decadence, morality, and intellectuality that are very worrying. There was a civil case in 2021 where a child criminalized his parents and siblings for the sake of luxury house property (Nabila, 2021). Other cases that reflect a child disobeying their parents are also found in many cases, such as the case that there is a child who has the heart to hit his own biological mother just because the money given to buy an internet package is not enough, the child has the heart to hit his mother (Hery, 2022). This may be a small example of the decadence of morality and also a proof that there are still many children who are disobedient to their parents. The case reflects that the mental state of our generation is sick.

As a child, our morals or behavioral attitude towards parents is to love them, love them, respect them, obey them, and humble themselves to them, as well as be polite to them. We know and realize with all our hearts that living with our parents is a wonderful blessing, which cannot be replaced by anything else in this world. When our parents die, how sad our hearts will be because there is nothing else they can look to. Look at your parents with affection, do not look at them with angry eyes and speak loudly at them. In the Qur'an surah Al-Israa' verses 23-24, Allah SWT says: Meaning: Your Lord has commanded you not to worship other than Him and to do good to your parents. If one of them or both of them is old in your care, then you shall never say to them the word "ah" and do not yell at them, and speak to them good words. Humble yourself towards them with affection and say, "O my Lord, love them both as they both (loved me when) I was a child.

Doing good to both parents is better known as *Birrul Walidain* , which means fulfilling parental rights and obligations to both of them. Remain obedient to both, do things that make them happy and stay away from doing bad things to them. To be filial to both parents is to convey

every kindness to both of them, to love and follow their good commands, and to stay away from their prohibitions and prevent the disturbances that will befall them when they are able.

CONCLUSION

Based on the results of the research that has been described in the previous discussion, it can be concluded that things related to the Book *Finally I Find True Happiness* are as follows:

1. The Values of Islamic Education in the Book *I Finally Found True Happiness* by Dr. Aidh al-Qarni
 - a. The value of the faith in the book *I Finally Found True Happiness* consists of 10 quotes with 4 categories, namely a) Faith in Allah b) Faith in the Book c) Faith in the Messenger d) Faith in Qada'dan Qadar.
 - b. The value of Sharia in the book *I Finally Found True Happiness* totals 30 quotes with 8 categories, namely a) patience b) gratitude c) piety d) prayer e) tawakal f) dhikr g) istiqamah h) simple.
 - c. The Moral Values in the Book *I Finally Found True Happiness* totals 15 quotes with 4 categories, namely a) morality towards Allah b) morality towards parents c) morality towards oneself d) morality towards others.
1. The Relevance of Islamic Education Values in the Book *I Finally Found True Happiness* by Dr. Aidh al-Qarni in Present Life
 - a. Believe, believe in Allah SWT and do not worship anything other than Him.
 - b. Congregational prayers that are done on the basis of piety, dhikr after carrying it out.
 - c. Always speak politely and gently to parents. And don't instill arrogance, envy, envy from within ourselves.

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