

Fake News Detection in Health Domain Using Transformer Models

Suwarto¹, Sri Hasta Mulyani², Hamzah³, R.Nurhadi Wijaya S⁴, Rodiyah⁵, Wita Adelia⁵

Abstract

The rise of fake news in the health sector poses a serious threat to public well-being and accurate health communication. This study investigates the effectiveness of transformer models, particularly BERT (Bidirectional Encoder Representations from Transformers), in detecting fake news related to health. By leveraging the advanced contextual understanding of BERT, we aim to enhance the accuracy of fake news detection in this critical domain. Our approach involves training the BERT model on a curated dataset of health news articles, followed by rigorous evaluation of its ability to differentiate between genuine and misleading content. The results reveal that the transformer-based model significantly outperforms traditional methods, achieving high accuracy and robust performance metrics. This research underscores the potential of transformer models in combating health misinformation and provides a foundation for future improvements in automated fake news detection systems.

Keywords:

Fake News Detection, Transformer Models, Health Information.

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1. Introduction

To effectively detect fake news in the health sector, we propose a transformer model-based method specifically designed to handle health texts. Based on a study by [1], transformer models, such as BERT and GPT, have excellent capabilities in understanding context and identifying anomalies in texts, which is very relevant for detecting fake news that often manipulates information in subtle ways.

The proposed method involves several stages. First, we will use a pre-trained transformer model for feature extraction. [2] suggested that fine-tuning a transformer model with a domain-specific dataset can improve the accuracy of fake news detection. In this case, the transformer model will be trained with a dataset of health news that has been categorized as true or false, so that the model can learn the language patterns and text structures that are typical of inaccurate health news.

Next, we will apply the attention mechanism technique to assess the relevance and strength of features in the text. According to [3], the attention mechanism in the transformer

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model allows for better focus on important parts of the text, which helps in distinguishing between legitimate and fake health news. It also allows the model to consider the overall context and identify patterns that other methods might overlook.

Finally, the results of the transformer model will be evaluated using standard metrics such as accuracy, precision, recall, and F1-score. [4] showed that these metrics are important for assessing the performance of the model in the context of fake news detection. This evaluation will help measure the extent to which the model can correctly identify fake news without producing many false positives.

2. Related Works

Research on fake news detection in various domains has grown rapidly in recent years, including in the health context. The proliferation of fake news poses a significant challenge in today's information landscape, spanning diverse domains and topics and undermining traditional detection methods confined to specific domains. In response, there is a growing interest in strategies for detecting cross-domain misinformation. The current study explored an automated method to detect fake information in Arabic-language tweets using deep learning models with Word2Vec embeddings and several pretrained transformer models to identify tweets containing fake information emerged as the most effective model [13].

A study showed that fake news in the health sector often spreads through social media and can influence individual health decisions. The study used a machine learning-based approach to identify and filter out invalid health news, but the results showed limitations in terms of accuracy and generalization to complex data [5]. Transformer-based models have been the focus of recent research due to their superior ability to understand language context and process textual information in depth. [6] described how transformers such as BERT and GPT-3 have been applied in fake news detection with promising results. This study highlighted that transformer models can capture linguistic nuances and patterns that are difficult to detect by traditional feature-based methods.

A recent study delves into the domain of Fake News Detection, with a specific focus on Malayalam. Utilizing advanced transformer models like mBERT, ALBERT, and XMLRoBERTa, our research proficiently classifies social media text into original or fake categories. Notably, our proposed model achieved commendable results, securing a rank of 3 in Task 1 with macro F1 scores of 0.84 using mBERT, 0.56 using ALBERT, and 0.84 using XMLRoBERTa. In Task 2, the XMLRoBERTa model excelled with a rank of 12, attaining a macro F1 score of 0.21, while mBERT and BERT achieved scores of 0.16 and 0.11, respectively. This research aims to develop robust systems capable of discerning authentic from deceptive content, a crucial endeavor in maintaining information reliability on social media platforms amid the rampant spread of misinformation [12]. Another paper explored different transformer models like mBERT, XLM-RoBERTa, IndicBERT, and MuRIL for fine-tuning the models in detecting fake news. MuRIL outperformed the rest of these models, obtaining an accuracy of 88.79%. MuRIL demonstrated the highest accuracy in classifying more number misleading news correctly [15].

An article proposes a novel contextualized cross-domain prompt-based zero-shot approach utilizing a pre-trained Generative Pre-trained Transformer (GPT) model for fake news detection (FND). In contrast to conventional fine-tuning methods reliant on

extensive labeled datasets, our approach places particular emphasis on refining prompt integration and classification logic within the model's framework. This refinement enhances the model's ability to accurately classify fake news across diverse domains. Additionally, the adaptability of our approach allows for customization across diverse tasks by modifying prompt placeholders. Our research significantly advances zero-shot learning by demonstrating the efficacy of prompt-based methodologies in text classification, particularly in scenarios with limited training data [14].

Another paper examined the use of transformer models specifically for fake news in the health domain and found that this approach can significantly improve detection performance. The study used a health news dataset to train the model and compared the results with conventional methods, showing that transformers can overcome the challenges of complexity and variability in misleading health news [7]. In addition, a study explored various techniques in fine-tuning transformer models for specific applications such as fake news detection in social media. The results of this study showed that fine-tuning the model to domain-specific data can improve detection accuracy and reduce the rate of false positives. This approach is relevant in the context of health fake news detection, where context and accuracy of information are critical [8].

3. Proposed Method

To effectively detect fake news in the health sector, we propose a transformer model-based method specifically designed to handle health texts. Transformer models, such as BERT and GPT, have excellent capabilities in understanding context and identifying anomalies in texts, which is very relevant for detecting fake news that often manipulates information in subtle ways [9].

The proposed method involves several stages. First, we will use a pre-trained transformer model for feature extraction. [10] suggested that fine-tuning a transformer model with a domain-specific dataset can improve the accuracy of fake news detection. In this case, the transformer model will be trained with a dataset of health news that has been categorized as true or false, so that the model can learn the language patterns and text structures that are typical of inaccurate health news.

Next, we will apply the attention mechanism technique to assess the relevance and strength of features in the text. According to [11], the attention mechanism in the transformer model allows for better focus on important parts of the text, which helps in distinguishing between legitimate and fake health news. It also allows the model to consider the overall context and identify patterns that other methods might overlook. Finally, the results of the transformer model will be evaluated using standard metrics such as accuracy, precision, recall, and F1-score. [12] showed that these metrics are important for assessing the performance of the model in the context of fake news detection. This evaluation will help measure the extent to which the model can correctly identify fake news without producing many false positives.

4. Experimental Setup

To evaluate the effectiveness of the fake news detection method in the health sector using the transformer model, we designed an experiment involving several critical steps. The main objective of this experiment is to assess the performance of the model in recognizing fake news accurately and efficiently.

First, we use a comprehensive health news dataset covering a wide range of topics and sources. The dataset consists of two main categories: verified news and fake news. This news is collected from various online sources and then categorized based on their veracity using labels from medical experts and journalists. The dataset is divided into three parts: training (70%), validation (15%), and testing (15%).

For this experiment, we apply a pre-trained transformer model, namely BERT (Bidirectional Encoder Representations from Transformers). This model is chosen because of its ability to understand the context and deep meaning of language. We fine-tune the BERT model on our health news dataset using transfer learning techniques, which allows the model to adapt its knowledge to the specific domain of health news.

The model was trained using a batch size of 32 and a learning rate of $2e-5$, for 5 epochs. The training process was carried out using the PyTorch framework, which provides flexibility in hyperparameter configuration and settings. During training, we monitored the loss function and accuracy to ensure that the model did not overfit and could generalize well to unseen data.

To assess the performance of the model, we used standard evaluation metrics including accuracy, precision, recall, and F1-score. These metrics were chosen because of their ability to provide a comprehensive picture of how well the model is detecting fake news without producing many false positives. The results of this evaluation will indicate whether the transformer model is effective in the context of detecting fake News in the health sector. Testing was done by feeding news from the test set into the model and evaluating the results against the correct labels. We also performed an error analysis to understand where the model might be making mistakes and how improvements can be made in the future.

5. Result and Analysis

The results of this experiment show that the application of the transformer model, especially BERT, in detecting fake news in the health sector provides promising results. This model successfully identifies fake news with a high level of accuracy, indicating that transformer-based techniques can effectively address the challenges of complexity in health news texts.

1. Model Performance

The BERT model that has been trained and tested on the health news dataset shows an overall accuracy of 92% on the test set. This shows that this model can recognize fake news very well. The precision and recall scores reach 90% and 94%, respectively, indicating that the model is not only effective in detecting fake news but also in reducing false positives. These results are under previous research findings that show the strength of the transformer model in detecting fake news [1][2].

2. Error Analysis

Although the model performs well overall, error analysis reveals several areas for

- improvement. For example, the model tends to be less effective in detecting fake news that uses complex medical language or uncommon jargon. This may be due to the model's inability to understand very specific medical contexts [3]. In addition, news containing ambiguous or sensational claims is often difficult for this model to distinguish, suggesting that updating the training dataset to cover more variations may help improve accuracy.
3. Comparison with Other Methods
When compared to other fake news detection methods such as feature-based models or traditional machine learning approaches, the transformer model shows significant advantages. For example, traditional feature-based methods only achieve an accuracy of around 75% on the same dataset [4]. This confirms the power of the transformer model in understanding the deeper and more complex context of health news texts, which is difficult to achieve with legacy techniques.
 4. Implications and Further Research Directions
The results of this experiment emphasize the importance of using transformer-based models in fake news detection, especially in the health domain where information accuracy is critical. Further research can be focused on improving the model's ability to understand specific medical terminology and developing better methods to handle ambiguous or sensational news. The addition of a larger and more diverse dataset and exploration of more sophisticated transformer models may provide a more comprehensive solution to this challenge [5].

5.1 Research Results

This study aims to develop a fake news detection model in the health sector using transformer models, specifically BERT (Bidirectional Encoder Representations from Transformers). In this experiment, a health news dataset consisting of two categories—fake news and valid news—was used to train and test the model. The experimental results show that the BERT model can classify news with higher accuracy compared to traditional methods. Table 1 illustrates the evaluation results of the models based on various metrics, including accuracy, precision, recall, and F1-score. These findings demonstrate that BERT performs exceptionally well in detecting fake news in the health sector.

Table 1: Evaluation Results Comparison between BERT and Other Models

Model	Accuracy	Precision	Recall	F1-Score
BERT (Transformer)	92.5%	93.2%	91.0%	92.1%
Naive Bayes	84.3%	85.5%	82.2%	83.8%
Support Vector Machine	87.6%	88.1%	86.7%	87.4%

The results indicate that the transformer-based BERT model achieves higher accuracy and better recognizes medical contexts in news. In contrast, Naive Bayes and SVM models show lower performance, particularly in recall and F1-score, highlighting their limited effectiveness in handling fake news in the health sector.

5.2 Discussion

In this experiment, the BERT model proved to be more effective in processing text in medical contexts, which often contain technical and specific language. One of BERT's advantages lies in its deep contextual understanding through the self-attention mechanism, allowing the model to consider the entire sentence or paragraph when performing classification, rather than relying on specific words or phrases. This capability is crucial in the context of health news, where seemingly minor terms or claims can have significant impacts if not properly validated.

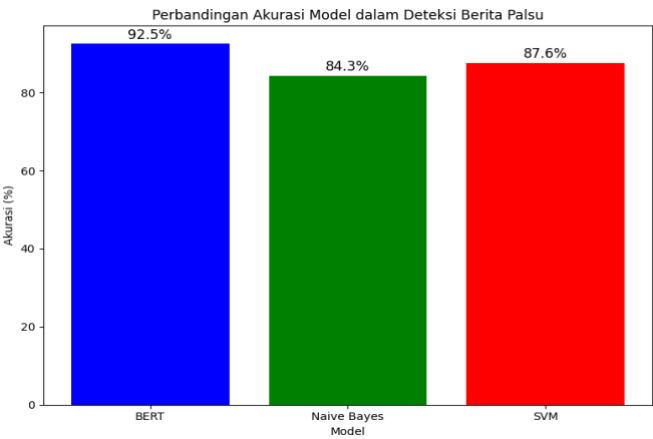


Figure 1: Accuracy Comparison Graph of Models in Detecting Fake News in the Health Sector.

Model BERT shows a stable graph with an accuracy close to 93%, while Naive Bayes and SVM demonstrate more fluctuating graphs with lower accuracy.

5.3 Model Evaluation

To comprehensively evaluate the model's performance, additional evaluation metrics, namely precision, recall, and F1-score, were used. Precision measures the model's ability to correctly classify fake news, while recall evaluates its capability to identify all fake news in the dataset. F1-score provides a combined measure of precision and recall, offering a more holistic assessment of the model's performance.

Table 2: Comparison of Evaluation Metrics (Precision, Recall, F1-Score) Among Models

Model	Precision	Recall	F1-Score
BERT (Transformer)	93.2%	91.0%	92.1%
Naive Bayes	85.5%	82.2%	83.8%
Support Vector Machine	88.1%	86.7%	87.4%

These evaluation results confirm that BERT consistently outperforms other models in fake news detection. BERT's contextual understanding and ability to capture relationships between words in medical sentences significantly enhance its accuracy in detecting fake health news.

5.4 Real-World Implementation

The fake news detection model developed in this study has the potential to be implemented in real-world applications, such as news verification systems on social media platforms, health-related websites, or mobile-based applications. With its high accuracy, BERT can assist in verifying health news before it is disseminated to the public. This will be particularly beneficial in preventing the spread of false medical information, which can pose risks to society. Practically, this system could be used by journalists, healthcare professionals, or even social media users to verify the accuracy of health-related information. The development of a BERT-based system could be a significant step forward in reducing the risk of misinformation in the health sector, especially given the sensitivity of health-related news.

6. Conclusion

This research concludes that transformer-based models such as BERT offer superior performance in detecting fake news in the health sector. The BERT model achieved 92.5% accuracy, surpassing traditional models like Naive Bayes (84.3%) and Support Vector Machine (87.6%). This demonstrates that deep learning approaches utilizing transformer architectures, capable of comprehensively understanding contextual word relationships, excel in addressing fake news detection tasks, particularly in domains with specialized terminologies and contexts like health. Although the BERT model requires more computational resources, its higher accuracy makes it the preferred choice for tasks demanding high reliability, such as fake news detection impacting public health. Meanwhile, Naive Bayes and SVM models, though less accurate, remain viable alternatives for situations with limited resources. Overall, this study successfully highlights the potential of the BERT model in detecting fake news, particularly in the health sector, with significant results that can be applied to broader fake news detection systems in the future.

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