SPIRITUALITY AS A FOUNDATION OF PEACE

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Abstract

Peace is strongest when derived from social justice, which can be defined as ensuring fundamental rights and equity to all. Spirituality is an essential mechanism to succeed peace, commenced in individual, family, community, and nations. Strengthening our faith especially for the modern societies are sometimes precise puzzling in this globalization epoch. Lack of performing our faith with the human development and/or maturity it could affect to the changing spirituality. Spirituality is a foundation of peace because spirituality is an ordinary and inevitable fragment of peace processes. Peace is built on the foundations of spiritual practices. The road to peace is very long way and it is not smoothly or straightforward. Therefore peace education is one of most priority educations to develop a person in terms of the attitude, behavior, values, identity, culture, skills, and knowledge about this life. As well as reconciliation is an essential to build a healthy relationship among human being. This article is a documentary or secondary and qualitative research.

Keywords: peace, peacemaker, spirituality, love, reconciliation, Christian.

Abstrak

Perdamaian akan menjadi lebih kuat jika didasari oleh keadilan sosial, yang dapat didefinisikan sebagai jaminan hak-hak dasar dan kesetaraan bagi semua orang. Spiritualitas merupakan

mekanisme penting untuk menyukseskan perdamaian, yang dimulai pada individu, keluarga, komunitas, dan negara. Penguatan keimanan khususnya bagi masyarakat modern terkadang justru menjadi sebuah teka-teki di era globalisasi ini. Kurangnya pengamalan iman dengan perkembangan dan/atau kedewasaan manusia dapat berdampak pada perubahan spiritualitas. Spiritualitas adalah fondasi perdamaian karena spiritualitas merupakan bagian proses perdamaian yang biasa dan tidak bisa dihindari. Perdamaian dibangun di atas dasar praktik spiritual. Jalan menuju perdamaian masih sangat panjang dan tidak mulus atau mudah. Oleh karena itu pendidikan perdamaian merupakan salah satu pendidikan yang paling diprioritaskan untuk mengembangkan seseorang dalam hal sikap, perilaku, nilai-nilai, jati diri, budaya, keterampilan, dan pengetahuan tentang kehidupan. Serta rekonsiliasi merupakan hal yang penting untuk membangun hubungan yang sehat antar umat manusia. Artikel ini merupakan penelitian dokumenter atau sekunder dan kualitatif.

Kata-kata kunci: perdamaian, juru damai, spiritualitas, cinta, rekonsiliasi, Kristiani.

Introduction

Spirituality of peace is a beautiful term to transcribe and justify to each other, conversely, it is genuinely difficult to situate into an action. As we implicit that spirituality is a sense of our faith to our Creator and peace is no violence or absence of violence. Since we are breathing in this globalization age with the high of technology, specific of human being is decreasing their faith or misplacing of their faith to our Creator or our God. Beside of this, with the high of technology in this epoch, human being could produce the high industry to abolish each human being as well as destroy the other creation of God in this world. The advantage technology could manufacture the high products of weapons and other materials for war because of a human interest to taking supremacy over the world. Furthermore, because to control the world exclusively in politic and economy interest, they could find a firearms industry to construct war. This will occur when the power nations would like to compete each other and consequently will produce more victims and also demolish the natures.

Talking about the victims of those nations to over control the world, actually they are the poor and vulnerable people within the states. This is also could affect to the developing states as typically they are the victims of the giant states to achieve their political and economical interest. Therefore I could say that, it is surely challenging for us to talk about the spirituality of peace since the advanced technologies are dominated the humans behavior and attitude. For the reason that, when the capitalists are dominated this world

then subsequently slowly but sure that the world be destroyed including human being and the nature around. Since violence is a tactic to find the solution to achieve the capitalists ambitions in this biosphere. Such as atomic bombs over the Hiroshima and Nagasaki on 6 and 9 of August 1945, the majority the civilians were became victims and the *Hibakusha* (survivors) were discriminated among societies and traumatized until now days when they tried to remember that events.

Creation of peace is including fairness, justice, inclusiveness, and human rights. Peace is strongest when derived from social justice, which can be defined as ensuring fundamental rights and equity to all. Many spiritual traditions and teachings throughout history have emphasized peace, both as an inner journey and as an outward commitment to live in mutual benefit with families, communities, and the world. However, in current global landscape we often see peace described in an inverted way, such keeping the peace has come to refer to soldiers and peacekeepers or to armed militia. This method is merely to create more violence rather that to promote peace in this world. Promoting peace requires valuing and considering both oneself and others. On individual level, peace may start with having calmness within oneself. Expanding outward, peace entails agreement and harmony among people. Peace is central to every situation throughout our lives. As the Hibakusha from Hiroshima and Nagasaki a-bomb they are now engaging in the peace programs to talk and alert to the world to abolish the nuclear weapons. This article is a secondary and literature research, the author gathered the information from the previous studies to reflect on how the spirituality has the influences in peace and peace building and how this contemporary world smartness effects to the Christian spirituality. This article is divided from several sections, the first section discusses about the peace and peacemaker, the third section defines the spirituality of peace, the fourth section explains about the spirituality approach for peacebuilding, the fifth section examines the active non-violence, the sixth section argues about the peace education, and the last section describes about the reconciliation.

Peace and Peacemaker

Spirituality is an essential mechanism to succeed peace, commenced in individual, family, community, and nations, as peace should start from each person heart or peace started from "myself". Peace is non-violence, however, in fact, it is certainly tough to achieve peace without violence. Therefore love is the fundamental for generating peace. As a Christian, love is Jesus and Jesus is love. Henri Nouwen also wrote that; we need to spend our time in prayer, walk with Jesus, and love everyone on earth as our very sister and brother (Dear, 2006). Then

Nouwen also assumed that, "for Jesus, there are no countries to be conquered, no ideologies to imposed, no people to be dominated. There are only children, women, and men to be loved" (Dear, 2006). Therefore we could say that love is the foundation to build peace.

Strengthening our faith especially in these modern societies are sometimes precise puzzling in this globalization epoch. This is including the leaders in this world, as they are seeking their power to control although it throughout the weapons or warfare. Consequently, to ensure the peaceful in mind and soul is a huge obstacle for each of human being. Basically there are numerous types people reacting to conflict such; escape, attack, or make peace. If there were a conflict then we escaped from it, there would be no resolution because we are avoiding it and running away from the conflict. Then while we respond to conflict across attack, it drives to construct more conflict and violence, because in attacking someone or some group we are pursuing for winning it. The attack could through the physical forces and verbal abuses. The consequence of this, could be assassinated and suicide. Another approach to answer to conflict is make peace. Make peace is intended to resolve conflict with win-win solutions. Those who are committed to make peace, typically they are called peacemakers. Actually, peacemakers are not equally to peacekeepers. Peacekeepers desire to avoid conflict and peacemakers need to find the solution for the conflict.

Anyone can fake peace, make a quick escape or attack. A true peacemaker is guided, motivated, and empowered by the Gospel, the good news that God has forgiven all our sins and made peace with us through the death and resurrection of His Son" (Colossians 1:19-20). Working as a peacemaker to find the peaceful solution for conflict is certainly challenging because we are human beings. As Pope Francis said that "everyone must be committed in the matter of peace, to do everything that they can. Peace is the language we must speak." Then according to McGrath; "Christian spirituality is reflection on the whole Christian enterprise of achieving and sustaining a relationship with God, which includes both public worship and private devotion, and the results of these in actual Christian life" (McGrath, 1999). Therefore, anyone is able to create peace, and become the peacemaker in each society to contribute on promoting the peaceful world. Peacemaker is a call and not a position, and then it is more related to the creating the internal peace. A call is to do the right things to support each other and safe the world from the destruction.

Spirituality of Peace

Spirituality rarely talks about the person's relationship with God. Spirituality is associated with so many qualities such positive relationship, positive thinking, faithfulness, self-control,

inner peace, love, harmony, humility, compassion, high self-esteem, openness, kindness, patience, and joy. Spirituality has played the fundamental role in human's life and affects to the human attitudes. Spirituality is a natural inspiration to guide and drive the personality. Spirituality is a sense of each human kind that centered to their faith. As according to Sheldrake the word of "spirituality" originated in Christianity with the Latin adjective *spiritualis* or "spiritual" which translated the Greek adjective *pneumatikos* as it appears in the New Testament (Sheldrake, 2013). Furthermore as constructed from the Allister MC Grath; "spirituality is the outworking in real life of a person's religious faith-what a person does with what they believe. It is not just about ideas, although the basic ideas of the Christian faith are important to Christian spirituality. It is about the way in which the Christian life is conceived and live out (McGrath, 1999). Therefore it could say that, spirituality is a Christian way to express their faith to their Creator. In addition to this, it is truly that to be a Christian is to be a peacemaker. A spiritual person was simply someone who sought to live under the influence of God whereas a fleshly (or worldly) person was concerned primarily with personal satisfaction, comfort or success (Corinthians 2:14-15).

In addition, spirituality of peace is not merely challenging to put into a reality, however, the description of spirituality itself, it is not easy to discover or come up in this contemporary world, as it is used in diverse perspective in now a days. As according Helminiak thought that;

> "All human experience depends on the functioning of the human spirit, therefore all human experience is spiritual. However, some people more than others, concern themselves with the meanings and values by which they live (spirit). Some dedicate themselves to enhancing the significance of their lives by relating their lives to matters that transcend the here and now. Some are committed to transcendent concerns. That is to say, some take deliberate concern for the spiritual is spirituality. Thus, while, as humans all are engaged with the bodily, the psychic, and the spiritual-automatically, neutrally, non-committally-only, some dedicate themselves to these facets of their humanity. Only some are engaged with spirituality" (Helminiak, 2008: 57).

Therefore, in this age, it is genuinely challenging to talk about the spirituality because human beings are sincerely adapting to the world development and technologies development rather than their faith. Hence, predominantly of the people prefer to create peace with violence, to create peace through the war or firearms, so that they could show to the world their power to govern every nation. As Fox clarified about from modern spirituality to postmodern spirituality such;

> "From the point of view of spirituality the modern era has been devastating. It has tainted our souls to the point that we no longer even know what soul means, it has cut the most powerful instrument of human kind-our science-adrift from conscience, morality, and

wisdom. It has trivialized economics and politics, it has waged was on mother earth and her children with increasing vengeance and success-fulfilling Francis Bacon's command that we "torture mother earth for her secrets", it has rendered our youth adrift without hope or vision, it has bored people in what ought to be the great communal celebration known as worship, it has legitimated human holocausts and genocides from that of the seventy million native people exterminated in the Americas between 1492 and 1550 to that of the camps. Lacking a living cosmology, the modern era has sentimentalized religion and privatized it, locating it so thoroughly within the feelings of the individual that the dominant religious force of our civilization is that pseudo-religion known as fundamentalism" (Fox, 1990).

Through this advancing world with the globalization technologies there is occur human growth and maturity based on the technologies development. It does questionable about the spirituality formation in this modern era. Lack of performing our faith with the human development and/or maturity it could affect to the changing spirituality. Although "Christian spirituality existed long before modernist assumptions were questioned, and there is a rich historical heritage of spiritual formation that can be traced from the life and teachings of Jesus Christ all the way to the present day" (Foster, 1998). Thus, as a Christian we must eternally rehearsal our faith and strengthen our faith to our God Jesus Christ because through Him we find peace and harmony in our body, our mind, and in our soul. A Christian is a peace worker; we must fortify our Christian spirituality exclusively in this century.

Spirituality Approach for Peace Building

Spirituality is a foundation of peace because spirituality is an ordinary and inevitable fragment of peace processes. Through the spirituality approach for peace building, the peacemakers could truly comprehend the manner to work in peace building and to find the solution for the human conflicts. Though this is a durable work however, this is an incredible work to assist every person and harmless the creations of God through non-violence actions. Zohar and Marshall agreed that "without spirituality our vision is clouded, we do not function properly and our lives feel less purposeful and flat" (Zohar dan Marshall, 2021). It is certainly true that, spirituality is precise fundamental in respectively individual life because spirituality is a centered of peace and love. Since spirituality is helping to regulate ourselves to be a good human being, to control our emotions and our feelings. Then Barker confirmed that,

> "Spirituality is an inherent and inevitable part of peace work because a conflict challenges the mediator or other professional to look at their most basic values and assumptions so that they reflect on questions which concern the spiritual dimension of life, such as asking about the meaning and purpose of the conflict, about what is going on beneath the

thoughts and feelings o the parties, and about what is the larger opportunity for the parties in conflict. Moreover, spiritual help the parties reconcile and allows them to be at peace with each other and with their situation, and ready to move forward" (Barker, 2007).

As stated that spirituality approach is categorically meaningful for the peace builders because "it allows the peace worker to access a peaceful, compassionate, and non-judgmental place inside himself/herself which otherwise would not be accessed" (Hoffman dan Wolman, 2012: 14). In addition to that, "mediation itself is a spiritual process because is enables mediators to grow into self-understanding and self-acceptance" (Hoffman dan Wolman, 2012: 14). Mediation is a technique for conflict resolution, which is required the peaceful and non-judgmental facilitator or mediator to facilitate the mediation processes between the conflicting parties. In this process the mediator just as a facilitator and allow the both conflicting parties to find the solutions for their problem. At the end of this method, the mediator also will facilitate the peace agreement between the both parties. In this practice, truly requisite the spirituality approach to not judge and to defend one party. The mediator must be fair among both conflicting parties. As according to Bowling and Hoffman; "the spiritual qualities of the mediator can increase the capacity of the mediator to bring peace into the room as well as develop the mediator's ability to improve and fulfill his or her own life" (Bowling dan Hoffman, 2000). Then Dietrich also confirmed that; "spirituality connecting with conflicting parties, the peace worker can create the space for resonance and understanding between the parties leading to opportunities for peace" (Dietrich, 2013: 17). To be a Christian is to be a peace builder or peace worker. Peace is built on the foundations of spiritual practices such; connections, compassions, justice, and unity. Peace is an inner state of well-being and calm. Peace is promoting nonviolence, conflict resolution, and cooperation in the world. To be a peace builder is knowing how to guide people in the way of peace. As a Christian, the model of peace is Jesus Christ. Jesus has offered His life to safe His friends or His people. As according to Christianity; "All things exist for world peace, blessed are the peacemakers for they shall be called sons of God." Furthermore in Sikhism; "If a man sings of God and hears of Him, and lets love of God sprout within him, all his sorrows shall vanish and in his mind, God will bestow abiding peace." Then "a Muslim is one who surrenders to the will of Allah and is an establisher of peace." In addition to this, in Hinduism; "The Lord lives in the heart of every creature. He turns them round and round upon the wheel of Maya. Take refugee utterly in Him. By his grace you will find supreme peace, and the state which is beyond all change." Beside of this, in Judaism; "The whole of the Torah is for the purpose of promoting peace." Likewise, from the Sacred Pipe; "Peace comes within the souls of men when they realize their relationship, their openness, with the universe and all its powers

and when they realize that at the center of the universe dwells Wakan-Takan, and that this center is really everywhere, it is within each of us."

In each religion or belief, there is a doctrine to live in peace and create peace among each other. Since every of human being is desired to live in peace and harmony. As Said and Funk claimed that;

> "Whether or not scholars and practitioners are consciously aware of religious influences in the shaping of their own perceptions, religious belief systems directly impact the development of the theories of conflict and conflict resolution. Primarily this occurs through presuppositions regarding the nature of reality and society, the purpose and ultimate meaning of life, and the means by which to live an "authentic" ideal life, the life of inner and outer peace. Religious concepts of peace, then, embody and elaborate upon the highest moral and ethical principles of a given society and define the terms and conditions for individual and social harmony" (Said dan Funk, 2002: 9).

Spirituality approach in peace building processes and for peacemaker is certainly essential to find peace, as working for peace is required to have internal peace within each peacemaker, and we could simply find the internal peace across our faith or belief. Through the spirituality approach could motivate the peacemaker to work for the reconciliation for the conflicting parties.

Active Non Violence

Conflict is normal in our daily life as long as we are still breathing in this earth. As a human being we must comprehend how to manage conflict not to create the violence. In the conflict management, we should acknowledge every piece that could contribute for creating peace. As Lederach mentioned that; "When dealing with conflict we should embrace all aspects of the relationship between the parties including psychological, spiritual, social, economic, political, and military" (Lederach, 1997). In addition to this, Galtung also recognizes that all fields are relevant to peace and called for a trans-disciplinary approach to peace work" (Galtung, 2010: 47). Therefore work for peace building genuinely required the ability or skills for peace building processes, as well as necessitated humility, perseverance, and love to deal with the conflicting parties. Likewise, as peace worker should distinguish how to deal with conflict or find the problem solution with non-violence, so that would not construct a new conflict violence to solve the other one, because it means enhanced more conflicts rather than resolutions.

Essentially, Jesus Christ is using Active Non-Violence to face and to respond the conflict violence and He never against the violence with violence, although He has command

for reign and govern this world and this people. He prefers to be calm and long-suffering because He would love to safe His people and His world. Additionally, Mahatma Gandhi also well known with Active Non-Violence activist, although he is not a Christian however, he actually used the method of Christian way of the peace building, which is surely associated to the Gandhi's method to find the solution for the community problems.

Gandhi is Hinduism, nevertheless he studied the Christian Scriptures then he was tremendously attracted to Christianity because the magnificence of the teachings of Jesus and he attempt to follow Jesus example. The gentle figure of Christ is so patience, so kind, so loving, and so full of forgiveness that He taught His followers not to retaliate when abused or struck. Of course in every faith such in Hinduism teach to be a good Hindu as well as in Christianity teach to be a good Christian. Since we are born into the faith to which we belong to. This is a decent authentic approach for peace workers to recognize the conflicting parties not as enemies and not to discriminate among them. "The long tradition of Christian pacifism is still very much alive in the historic peace churches and other creative movements for nonviolence" (MacQueen, 1992).

Peace Education

Peace education is exceedingly connected to all humanity in this world. This is an essential step in promoting peace and reducing violence among the creatures. We have talked about the Christianity, spirituality, peace builders, however, peace education also is a principal process in this era because through this could strengthen our faith, our Christianity, and improve our skills and knowledge on peace building. This process should start from the peace educators. Currently in this global world, slightly talk about gender, discrimination, justice, and human rights, while does not genuinely situate the essential thing on peace education as the source to solve those concerns mentioned in present societies. The most critical to emphasis on peace education according to Åke Bjerstedt such as; global perspective, ability to generate alternative visions, intercultural awareness, insight into the present injustice and lack of equality in the world society, and readiness to work for justice and more equal distribution" (Bjerstedt, 1992). These are the five main goals on peace education. Then through these goals Bjerstedt makes a slightly different division of the goals into; "cognitive components or intercultural awareness, value perspectives or global ethics based on human rights, and readiness for action or readiness to work for justice, and more equal distribution" (Bjerstedt, 1992).Peace education is not limited to talking about peace only, however, this education more broadly and multidiscipline, it could incorporate development, environment, human

rights, and other disciplines. Peace education or education of peace is not merely centering on formal education, but it is too concentrating on the informal education or informal learning of attitude, behavior, values, and others. As Betty Reardon understanding of peace education is to promote the development of authentic planetary consciousness that will enable us to function as global citizens and to transform the present human condition by changing social structures and the patterns of thought that have created it" (Reardon, 1988). Beside of this, Leo Friedrich a Germany educator preserves that; "the educational process is geared at aims and follow norms which cannot be readily deduced from that what is already given. The educational process is supposed to lead to an aim which has not been fulfilled yet for the person in question" (Friedrich, 1987). Therefore peace education is most priority education to teach in families, societies, and schools. This education is a process to develop a person in terms of the attitude, behavior, values, identity, culture, skills, and knowledge about this life. Education of peace could through sharing, trainings, and included in school curriculum, as well as demonstrate the example to follow and performs in tangible life.

Currently several organizations and institutions, including activists are conducting peace education in societies to educate people for promoting peace in their family, communities, and nations. For example, Peace Boat is bringing *hibakusha* or survivors of Hiroshima and Nagasaki Atomic Bomb to share their testimonies to the people including the children and teenagers around the world. As according to Muhammad Yunus quoted from William Deane;

> "Peace should be understood in the human way, at an individual level, at the family level, community level, as well as at the national level. Peace should be understood in a broad social, political, and economic way. Peace should mean respect for each other. In human context, peace should mean recognition of the unlimited potential buried in each and every human being. It should mean establishment of all human rights for all people" (Deane, 2015).Throughout this could make people responsive of peace building, to respect each other as human being and diminishing the firearms industry in this world, automatically it is decreasing war and nuclear weapons.

As stated that peace education is a multidiscipline and for all ages therefore not merely talk about peace but also including the human rights, culture, identity, and values. Peace education is human rights. As according to Annette Isaac; peace education is seen as activities that promote the knowledge, skills, and attitudes that will allow people of all ages, and at all levels, to develop the behavior changes that can prevent the occurrence of conflict, resolve conflict peacefully, or create the social conditions conducive to peace (Isaac, 2002). The definition of Peace Education until now is more broadly and it is difficult to define because it is depending to each country or nation context and values. However

there are some authors have defined peace education such John Dewey assumed that peace education as a curriculum (Akinyoade, 2011) then he also considered the teaching history and geography to be the most important subjects because teaching geography was designed to teach students about the world community's diverse cultures, habits, and occupations, and the teaching of history should be focused on promote peace by providing students with knowledge of the past that contribute effectively to an understanding of the problems that exists in the present and could exist in the future (Akinyoade, 2011).In addition to this, a Brazilian educator and pedagogue Paulo Freire's idea to improving the student-teacher relationship and to using peace education as a tool for social change because his philosophy has significant implications for both the classroom and for society (Akinyoade, 2011). Freire also affirmed that peace education as a transformative practice (Akinyoade, 2011) hence it is really crucial to merge in the curriculum for teaching at the school in the early age, therefore could embed the positive in mind and behavior in the early stage of a person. Such as, Maria Montessori, her notions and philosophies more focused on investing in children to promote peace, and then she purposed an idea of peace education to promote positive peace because positive peace as the values that is important to humanity such as justice and harmony (Akinyoade, 2011). Then she does encourage children to solve conflicts independently and nonviolently that using Peace Rose method of conflict resolution (Akinyoade, 2011).

Reconciliation and Justice

Rendering to the Gospel, God calls us to a ministry of reconciliation and peacemakers. Reconciliation does not mean justice. "Reconciliation does not replace justice. Reconciliation is the result of justice" (Lochman, 1980). Somehow there is no justice but we could start with reconciliation because of human relations and human needs. We are linked to each other; as well as every nation interrelated to each other, such as in politic, economy, and social development. Reconciliation is a way for peace agreement to stop the firearms. Reconciliation is a method for ceasefire. Thus, it is prerequisite people to work for the reconciliation. Although people might simply produce the negative peace, as Galtung apportioned peace to two parts, negative peace and positive peace. "Negative peace is absence of personal violence and positive peace is absence of structural violence or also referred to social justice" (Galtung, 1969). Since Galtung came out with the concept of violence, similarly to the peace, he divided violence to "personal violence is indicated to direct violence and structural violence is designated to indirect violence that also referred to social injustice" (Galtung, 1969). Therefore the term of peace and violence are correlated to each other.

Habitually in human kind situation merely concentrating on negative peace as in fact there are a lot of people and nations that still discriminating each other and lack of social justice.

The love of Jesus in His teaching is really extraordinary, when He said; "If your brother sins against you, you should forgive your brother for seventy times seven" 18:21-22). For Jesus reconciliation is beyond essential compared to the ritual and sacramental in Altar. "If you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift before the altar and go first be reconciled to your brother, and then come and offer your gift" (Matthew 5:23). Reconciliation is fragment of the ongoing mission of Jesus Christ in the power of Holy Spirit. "Her sins, which are many, are forgiven, for she loved much, but he who is forgiven little loves little" (Luke 7: 47). Similar to Robert J. Schreiter said that; "We discover and experience God's forgiveness of our trespasses and this prompts us to repentance. In the reconciliation process, then, because the victim has been brought by God's reconciling grace to forgive the tormentor, the tormentor is prompted to repent of evildoing and engage in rebuilding his or her humanity" (Schreiter, 1992).Reconciliation is not easy; likewise forgiveness is not as easy. As a human it is indeed solid when required to ask for forgiveness in the public, as well as it takes time to pardon someone, principally when committed the human rights violations. Forgiveness should come from our heart. Forgiveness and confession become currency, not considered out of place in political arena. On the other hand, the psychologists are saying that to forgive is good for emotional and psychological health. "The power of asking for forgiveness it can be to begin the process of healing for people who have been alienated and traumatized" (Tutu, 2015). Furthermore Xanana Gusmão affirmed that; "Justice is undeniable, however, reconciliation is a process, which is vital if a real and forward-looking process of peace building is to be achieved. Then, reconciliation requires greater political flexibility if we are to prevent wounds from continuing to fester for many years to come, without our being capable of healing them in an honest manner" (Gusmão, 2015). Likewise John Taylor viewed about the reconciliation that cited from Jim Forest, assumed that; "Reconciliation is a process, not something you can make. It is something that can only be done step by step" (Forest, 1997).In addition, "When we speak of justice, we are saying that those responsible for the crimes committed must face trial. However, the process is not quite as easy as some would wish" (Forest, 1997). Reconciliation is a process for peace building among people and among nations; however, reconciliation does not mean there is justice. Through this we could merely create the negative peace or the absence of war or ceasefire. Justice is something that need more times to process and to achieve. Since we are related to each other, politically, culturally, economically, and socially. As Desmond Tutu confirmed that; "My humanity is caught up

in your humanity. I am because you are. A person is a person through other persons (Tutu, 2015). "Justice is always the prerequisite of true peace, whether among races and religions, workers and owners, women and men, peoples and nations. Christian engaged in the work of reconciliation, when they take the Hebrew Scriptures seriously, will not indulge in cheap admonitions to victims to forgive and forget" (Baum dan Wells, 1997). As a Christian, belief that, when reconciliation and forgiveness truly happened, it is because of the Holy Spirit, because as mentioned earlier, for human being it is surely difficult to reconcile and forgive among them.

Beside of the reconciliation is a process; reconciliation could be understood also as a journey. In our journey we could meet with everything and everyone. Sometimes, something that we never predict to happen could happen during our journey. Therefore reconciliation is an awkward technique to go through, it is not as easy as we talk. The journey toward reconciliation we need to face our past actions and ourselves. As the Lord says, "Turn. Go back. Take the journey toward your enemy. I will be with you." As a journey, reconciliation is understood as both the flight away and the daring trip back. Ultimately, reconciliation is a journey toward and through conflict" (Lederach, 1999).

A journey brings us to a place. Relatedly in reconciliation, need to bring the enemies or conflicting parties together in one place. This is precisely challenging work to do. Therefore it takes time, patience, and commitment to do so. To realize this, required to work in a team and must have ability and skills on history, negotiation, and advocacy as well as ready to take risk, then have capability on risk management. As in certain nations, including in Timor-Leste, established Truth and Reconciliation Commission for the human rights violations during the Indonesia occupation. This is not a smoothie road to go through, however, there is a lot of obstacles and challenges that must be faced to achieve the positive result.

As we considered reconciliation is a place of encounter between the conflicting parties, "reconciliation can be thus understood as both a focus and locus. Reconciliation must be proactive in seeking to create an encounter where people can focus on their relationship and share their perceptions, feelings, and experiences with one another, with the goal of creating new perceptions and a new shared experience" (Lederach, 1997). Moreover, Lederach also affirmed that, reconciliation is a place for truth, mercy, justice, and peace. Truth is representing acknowledgement, transparency, revelation, and clarity. Mercy is representing acceptance, forgiveness, support, compassion, and healing. Then justice is representing equality, right relationships, making thins right, and restitution. Finally, peace is representing harmony, unity, well-being, security, and respect" (Lederach, 1997). Reconciliation is a space to talk to every one about individual feelings and perspectives in

the past, and reconciliation is a plot to build the healthy relationship among the conflicting parties, as well as reconciliation is a room to talk about the future strategy.

Conclusion

Peace building is a continuing program or an essential theme to endure in our daily life. In this world, we could not find a peaceful country because there is still existed social injustice, political and economy issues, discriminations in terms of the racisms, religions, gender, and so on. Especially in current societies, peace builders should be well functioned to do their responsibilities to generate peace. For the reason that, in this contemporary age certain individual trying to destroy and harm as well as lack of respect to each other. In this present civilizations, we are continuing hear and watch about the domestic violence, discrimination among the minorities and majorities, gender based violence, xenophobia, then the powerful countries are continuing establish the nuclear weapons industry. These are not merely occurred in developing countries but also in advanced or developed countries.

Christians are called to be peacemakers, follow Jesus Christ teaching to love one and another. Therefore for this modern world, Christians have big responsibilities to proclaim and bring peace to all societies that needed, because in Christianity everyone is our brothers and sisters, although from the diverse religions, cultures, identities, poor, rich, all of them are related to us. Since we are practicing our spirituality and we belief that God has power and reign over us, we will never afraid to do the positive things in this world, as written in Psalm: "Power belongs to God, and that to you, O Lord, belongs steadfast love" (Psalm 62:11-12). In addition to this, Bishop Cahal Daly in Belfast in October 1982 stated that:

> "Mutual recognition in each community of the complete legitimacy and legality, the equal dignity and rights, of the other community, with its own self-defined identity, its own sense of loyalty, its own aspiration, so long as these are peacefully held and peacefully promoted is a Christian task to which we are all called at this time" (Bishop Dahal, 1982).

Spirituality is a centered of peace and love. Therefore, it requires the peace workers to use the spirituality approach in peace building, since become a peace builder needed kindness, pure heart, tolerance, and have capacity or talent to construct the healthy relationship with every one and every creation around us. The road to peace is very long way and it is not smoothly or straightforward. This is a miraculous journey that requisite serenity and commitment to help others and share with others the peaceful life. Throughout this spontaneously we are preventing violence and embrace everyone to work for peace or

become a peace taskforce in his or her own community. Consequently, reconciliation is a good manner for every individual, group, community, and nation to work together for the better future. Finally, peace education is one of the key concerns to put in reality to educate people mind and behavior to contribute to the peacebuilding in this world.

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