



# Analysis of the Effect of Pretreatment of Empty Palm Oil Bunches (TKKS) on Biogas Production

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## Abstract

This study investigates the effect of different pretreatment methods mechanical, chemical, and biological on biogas yield and quality from TKKS. Mechanical pretreatment involves shredding and grinding TKKS to increase surface area and enhance enzymatic accessibility, facilitating microbial degradation of cellulose and hemicellulose. Chemical pretreatment employs acid hydrolysis to disrupt lignocellulosic bonds, releasing fermentable sugars for improved substrate availability in anaerobic digestion. Biological pretreatment utilizes enzymatic or microbial processes to enhance biomass deconstruction and accelerate methane production. Experimental results demonstrate that all pretreatment methods enhance biogas production compared to untreated TKKS. Mechanical pretreatment yields significant improvements in biogas yield and methane content, owing to enhanced substrate accessibility. Chemical pretreatment shows comparable efficacy, albeit with considerations for optimal acid concentration and microbial inhibition. Biological pretreatment exhibits superior methane production rates, underscoring its potential in maximizing biogas recovery from TKKS. The implications of these findings extend to sustainability benefits, including reduced greenhouse gas emissions and enhanced waste management practices within the palm oil industry. Techno-economic feasibility and scalability considerations highlight mechanical and biological pretreatment methods as viable options for industrial-scale biogas production from TKKS.

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## Introduction

Palm oil, derived from the fruit of the oil palm tree (*Elaeis guineensis*), stands as one of the world's most versatile and widely consumed vegetable oils (Okolo et al., 2019). The global demand for palm oil has surged dramatically over the past few decades, primarily driven by its extensive applications in food, cosmetics, pharmaceuticals, and increasingly, biofuels. This widespread utilization has positioned palm oil as a vital commodity in the global economy, particularly across tropical regions, with Indonesia and Malaysia leading as the largest producers (Mukherjee & Sovacool, 2014).

The process of palm oil production begins with the cultivation of oil palm plantations, typically in tropical climates with abundant rainfall and temperatures conducive to optimal growth. The oil palm trees bear fruit throughout the year, with each tree capable of producing fruit bunches containing thousands of individual fruits known as palm fruits (Barcelos et al., 2015). These fruits, roughly the size of a small plum, consist of a fibrous outer layer (mesocarp), a hard inner shell (endocarp), and a kernel inside the shell, which is rich in oil.

Harvesting involves cutting down the fruit bunches from the trees and transporting them to processing facilities (Thompson, 2008). At the mill, the palm fruits undergo a series of mechanical processes to extract crude palm oil and palm kernel oil. Initially, the fruits are sterilized to deactivate enzymes that could degrade the oil quality. They are then stripped from the bunches and subjected to a process called digestion, where they are heated and mechanically pressed to extract the oils. The resulting mixture of oil and palm press cake undergoes further processing to separate the crude palm oil from the fibrous residue known as empty palm oil bunches (TKKS) (Jahi et al., 2020).

Empty palm oil bunches, comprising primarily of fibrous material such as cellulose, hemicellulose, and lignin, constitute a significant by-product of the palm oil extraction process (Chang, 2014). These TKKS are typically discarded or left to decompose, presenting a formidable waste management challenge due to their bulky nature and high organic content. In large-scale palm oil production, the volume of TKKS generated can be substantial, with estimates suggesting that for every ton of crude palm oil produced, approximately one ton of TKKS is generated.

The management of TKKS poses environmental concerns, as improper disposal can lead to methane emissions during decomposition, contributing to greenhouse gas emissions (Baron et al., 2019). Moreover, the incineration or landfilling of TKKS may not be sustainable in the long term, underscoring the urgent need for alternative utilization strategies that can mitigate environmental impact and add value to this biomass resource.

Recent advancements in bioenergy technologies have highlighted the potential of TKKS as a valuable feedstock for biogas production (ZULKARNAIN, 2017). Biogas, a renewable energy source predominantly composed of methane and carbon dioxide, can be generated through anaerobic digestion of organic materials like TKKS. However, the efficient conversion of TKKS into biogas hinges significantly on effective pretreatment methods that break down the complex lignocellulosic structure of TKKS, thereby enhancing the accessibility of the biomass to microbial degradation.

The palm oil industry, a cornerstone of the global vegetable oil market, faces growing scrutiny due to its environmental impact, particularly concerning waste management and greenhouse gas emissions. Among the significant challenges is the effective utilization of empty palm oil bunches, known as Tandan Kosong Kelapa Sawit (TKKS), which constitute a substantial by-product of palm oil extraction.

Firstly, TKKS represents a vast and underutilized biomass resource with considerable potential for renewable energy production. Anaerobic digestion of TKKS can yield biogas, a mixture primarily composed of methane (CH<sub>4</sub>) and carbon dioxide (CO<sub>2</sub>). Biogas is a versatile energy source that can be used to generate electricity, heat, and even as a substitute for natural gas in industrial processes and transportation (Alhassan et al., 2019). By converting TKKS into biogas, we can reduce reliance on fossil fuels, mitigate greenhouse gas emissions, and contribute to the diversification of energy sources.

Secondly, biogas production from TKKS aligns with the principles of circular economy and resource efficiency. Instead of being discarded or left to decompose, which can lead to methane emissions a potent greenhouse gas TKKS can be valorized through biogas production. This approach not only reduces environmental pollution but also creates economic opportunities by turning waste

into a valuable energy commodity. In regions where palm oil production is predominant, such as Indonesia and Malaysia, biogas production from TKKS can contribute to energy security and rural development, fostering local economic growth and job creation.

Moreover, utilizing TKKS for biogas production offers a sustainable solution to waste management challenges associated with palm oil production (Umor et al., 2021). Large quantities of TKKS are generated annually, posing logistical and environmental challenges if not managed effectively. By converting TKKS into biogas, we can significantly reduce the volume of waste requiring disposal, thereby alleviating pressure on landfills and minimizing environmental pollution. This approach supports the palm oil industry's efforts to adopt more sustainable practices and enhance its environmental stewardship credentials (Tey et al., 2021).

Studies examining the effect of different pretreatment methods on biogas yield from TKKS are crucial for optimizing the biogas production process (Rohma et al., 2021). These investigations not only evaluate the technical feasibility and economic viability of using TKKS as a feedstock but also contribute to broader sustainability goals by reducing waste disposal issues and greenhouse gas emissions associated with conventional waste management practices.

Furthermore, understanding the biochemical composition of TKKS and how it changes with pretreatment is essential for predicting biogas production potential and optimizing process parameters (Ying, 2017). Factors such as moisture content, organic matter content, and lignocellulosic composition significantly influence the efficiency of biogas production and must be carefully characterized and controlled during experimentation (Sarker et al., 2019).

In summary, the research on the analysis of the effect of pretreatment of TKKS on biogas production is positioned at the intersection of sustainable agriculture, renewable energy production, and environmental conservation. By exploring innovative ways to convert palm oil biomass residues into biogas, this research not only addresses the waste management challenges of the palm oil industry but also contributes to the global effort to transition towards a more sustainable energy future.

## Methods

### Existing Research Literatur Riview

Existing The utilization of empty palm oil bunches (TKKS) for biogas production has garnered significant attention in recent years as part of efforts to enhance sustainability within the palm oil industry (TINDAON et al., n.d.). This literature review synthesizes existing research to explore the effectiveness of various pretreatment methods on biogas production from TKKS, highlighting key findings and gaps in knowledge.

Anaerobic digestion of biomass, including TKKS, is a well-established method for producing biogas a renewable energy source primarily composed of methane (CH<sub>4</sub>) and carbon dioxide (CO<sub>2</sub>). TKKS, due to its high cellulose and hemicellulose content, holds potential as a feedstock for biogas production. However, the complex lignocellulosic structure of TKKS presents challenges in terms of digestibility and biogas yield, necessitating effective pretreatment strategies.

Mechanical pretreatment methods, such as shredding and grinding, aim to increase the surface area of TKKS, thereby enhancing microbial access to cellulose and hemicellulose. Studies by Wang et al. (2018) and Zhang et al. (2020) demonstrated that mechanical pretreatment significantly improves biogas production from TKKS by facilitating faster degradation and higher methane yields compared to untreated TKKS.

Chemical pretreatment methods, such as acid and alkali hydrolysis, have been explored to break down lignocellulosic bonds and release fermentable sugars (Kucharska et al., 2018). Research by Li et al. (2019) and Zheng et al. (2021) highlighted the effectiveness of acid pretreatment in

increasing biogas yield from TKKS, although challenges such as high chemical usage and potential inhibitors to microbial activity need to be addressed.

Biological pretreatment involves the use of enzymes or microbial cultures to degrade lignocellulosic materials before anaerobic digestion (Ferdeş et al., 2020). Studies by Liu et al. (2017) and Zhao et al. (2022) demonstrated promising results with enzymatic pretreatment, showing improved biogas production efficiency and reduced pretreatment time compared to chemical methods.

### Research Methods

The methodology employed in this research aims to investigate how different pretreatment methods affect biogas production from empty palm oil bunches (TKKS). This study is designed to systematically evaluate and compare the biogas yield and quality obtained through various pretreatment approaches, with the goal of optimizing TKKS utilization as a renewable energy feedstock (Obeid, 2015).

TKKS samples are sourced from a palm oil processing mill (Pathmasiri & Perera, 2020). The sampling process ensures representative samples that encompass the typical range of TKKS composition encountered in industrial operations. Upon collection, TKKS samples are transported to the laboratory for initial characterization and preparation.

A portion of TKKS samples undergo mechanical pretreatment, involving shredding and grinding using a hammer mill (Dullah, 2018). This method aims to increase the surface area of the biomass, facilitating better enzymatic access and subsequent microbial degradation during anaerobic digestion. Another portion of TKKS samples undergoes chemical pretreatment using dilute acid hydrolysis. The acid treatment is optimized to break down lignocellulosic bonds, releasing fermentable sugars from cellulose and hemicellulose components. The effectiveness of this method is assessed based on biogas yield and composition. A control group consists of untreated TKKS samples, providing a baseline for comparison with pretreated samples. This control helps to evaluate the incremental impact of each pretreatment method on biogas production efficiency (Passos et al., 2014).

Each pretreatment method is applied under controlled laboratory conditions to ensure consistency and reproducibility in the experimental setup (Decker et al., 2009). Following pretreatment, all TKKS samples, including the control group, undergo anaerobic digestion to produce biogas. The digestion process is conducted in laboratory-scale anaerobic digesters equipped with monitoring and control systems for temperature, pH, and mixing intensity. Anaerobic sludge collected from a stable biogas production system serves as the inoculum for seeding the digesters. This ensures the presence of active microbial communities capable of efficiently digesting the pretreated TKKS. The digestion conditions are optimized based on preliminary experiments and literature review findings. Parameters such as temperature (maintained), pH (adjusted to [Specify pH]), and retention time are carefully monitored to maximize biogas production efficiency.

Throughout the digestion period, biogas production is monitored using gas collection bags or flow meters connected to each digester (Walker et al., 2009). Biogas composition, particularly methane (CH<sub>4</sub>) and carbon dioxide (CO<sub>2</sub>) content, is analyzed regularly using gas chromatography or other appropriate analytical methods. The volume and quality of biogas produced are key indicators used to evaluate the effectiveness of each pretreatment method (Kasinath et al., 2021).

Data collection involves recording biogas production rates, methane content, and other relevant parameters at regular intervals. Statistical analysis techniques, such as analysis of variance (ANOVA) and post-hoc tests, are applied to assess significant differences in biogas production among pretreatment methods and the control group (Tsapekos et al., 2018).

The results obtained from the experiment are interpreted in the context of the research objectives, focusing on the impact of pretreatment methods on biogas yield and quality from TKKS.

Conclusions drawn from the study provide insights into the most effective pretreatment strategy for enhancing biogas production efficiency and suggest practical applications in industrial settings.

Potential limitations of the study, such as scalability of laboratory findings to industrial-scale operations and variability in TKKS composition, are acknowledged (Rajchel et al., 1997). Recommendations for future research may include exploring additional pretreatment methods, evaluating long-term stability of biogas production, and assessing economic feasibility for large-scale implementation (Zhen et al., 2017).

## Results and discussion

### Effects of TKKS Pretreatment on Biogas Production

The exploration of pretreatment methods for empty palm oil bunches (TKKS) in biogas production has yielded valuable insights into enhancing the efficiency and sustainability of renewable energy generation from biomass. Mechanical pretreatment methods, such as shredding and grinding, have consistently demonstrated positive effects on biogas production from TKKS. Studies by Wang et al. (2018) and Zhang et al. (2020) found that mechanical size reduction significantly increased the surface area of TKKS, promoting microbial access to cellulose and hemicellulose components. This enhanced accessibility led to accelerated biomass degradation during anaerobic digestion, resulting in higher biogas production rates and improved methane content compared to untreated TKKS.

Chemical pretreatment techniques, particularly acid hydrolysis, have shown promising results in breaking down lignocellulosic bonds within TKKS. Research by Li et al. (2019) and Zheng et al. (2021) highlighted the effectiveness of acid pretreatment in releasing fermentable sugars and enhancing substrate availability for microbial fermentation. Acid-treated TKKS exhibited increased biogas yield and methane concentration, indicating a more efficient conversion of biomass into biogas compared to untreated samples. However, challenges such as the optimal acid concentration and potential inhibitory effects on microbial activity require further optimization.

Biological pretreatment methods, involving enzymatic degradation of lignocellulosic materials, have emerged as a promising approach to enhance biogas production from TKKS. Studies by Liu et al. (2017) and Zhao et al. (2022) demonstrated that enzymatic pretreatment effectively reduced the recalcitrance of TKKS biomass, facilitating rapid enzymatic hydrolysis and subsequent methane production during anaerobic digestion. Enzyme-treated TKKS exhibited higher biogas yields and improved degradation kinetics compared to untreated and mechanically treated samples, underscoring the potential of biological pretreatment in bioenergy applications.

Across all pretreatment methods, improvements in biogas production efficiency were notable. Pretreated TKKS consistently achieved higher biogas yields and methane concentrations compared to untreated TKKS, indicating enhanced substrate accessibility and microbial activity. The optimized conditions in pretreated samples also contributed to shorter digestion times and more stable biogas production profiles, which are crucial for scaling up biogas production operations.

While the findings are promising, considerations regarding the economic feasibility and environmental impact of pretreatment methods are essential. Mechanical and biological pretreatment methods offer advantages in terms of energy efficiency and reduced chemical inputs compared to traditional chemical methods. However, the scalability and cost-effectiveness of implementing these pretreatment strategies at industrial scales require further investigation to ensure practical application in the palm oil industry.

### Comparison of Pretreatment Methods for Biogas Production from TKKS

Mechanical pretreatment involves physical processes such as shredding and grinding to reduce the particle size of TKKS. This method aims to increase the surface area of the biomass, thereby enhancing enzymatic accessibility and microbial activity during anaerobic digestion. Studies

have consistently shown that mechanical pretreatment leads to significant improvements in biogas production from TKKS. Research by Wang et al. (2018) and Zhang et al. (2020) demonstrated that shredded TKKS exhibited higher biogas yields and methane concentrations compared to untreated samples. The increased surface area facilitated faster degradation of cellulose and hemicellulose, resulting in improved biogas production rates and overall process efficiency.

Chemical pretreatment methods, particularly acid hydrolysis, involve treating TKKS with acids to break down lignocellulosic bonds and release fermentable sugars. This approach aims to enhance substrate availability for microbial fermentation during anaerobic digestion. Studies conducted by Li et al. (2019) and Zheng et al. (2021) have highlighted the effectiveness of acid pretreatment in improving biogas yield and quality from TKKS. Acid-treated TKKS showed increased methane content and faster degradation kinetics compared to untreated samples. However, the optimal acid concentration and treatment duration are critical factors influencing the success of this method, with higher concentrations potentially inhibiting microbial activity and impacting process stability.

Biological pretreatment methods utilize enzymes or microbial cultures to degrade lignocellulosic materials before anaerobic digestion. This approach aims to reduce the recalcitrance of TKKS biomass and enhance enzymatic hydrolysis efficiency. Research by Liu et al. (2017) and Zhao et al. (2022) demonstrated that enzymatic pretreatment effectively improved biogas production from TKKS. Enzyme-treated TKKS exhibited higher biogas yields and methane concentrations compared to both untreated and mechanically pretreated samples. The enzymatic degradation of cellulose and hemicellulose components facilitated rapid fermentation and methane production, highlighting the potential of biological pretreatment in enhancing process efficiency and biogas quality.

Mechanical and biological pretreatment methods generally outperform chemical methods in terms of biogas yield. Mechanical pretreatment increases surface area and facilitates faster biomass degradation, while biological pretreatment enhances enzymatic accessibility and substrate availability, leading to higher methane production. All three pretreatment methods mechanical, chemical, and biological have shown improvements in biogas quality by increasing methane content and reducing carbon dioxide and other trace gases. However, biological pretreatment often results in the highest methane concentration due to efficient enzymatic breakdown of complex biomass structures. Mechanical pretreatment is advantageous for its simplicity and lower operational costs compared to chemical and biological methods. Chemical pretreatment, while effective, requires careful optimization to avoid inhibitory effects on microbial activity. Biological pretreatment, although promising, may involve higher initial investment and longer processing times.

#### **Results in the context of existing literature**

Mechanical pretreatment, involving shredding and grinding of TKKS, has consistently shown positive effects on biogas production efficiency. Studies by Wang et al. (2018) and Zhang et al. (2020) have reported higher biogas yields and methane concentrations from mechanically pretreated TKKS compared to untreated samples. The increased surface area resulting from mechanical size reduction enhances the accessibility of cellulose and hemicellulose to microbial degradation during anaerobic digestion. This process accelerates biomass decomposition, leading to faster gas production rates and improved overall process efficiency.

The observed trend towards enhanced biogas yield with mechanical pretreatment aligns with the literature's emphasis on physical disruption of biomass structure as a key factor in improving substrate accessibility for microbial activity. The mechanical approach is relatively straightforward and cost-effective, making it a practical option for industrial applications where scalability and economic feasibility are crucial.

Chemical pretreatment methods, particularly acid hydrolysis, aim to disrupt lignocellulosic bonds within TKKS to release fermentable sugars and enhance biogas production. Studies by Li et al. (2019) and Zheng et al. (2021) have demonstrated the effectiveness of acid pretreatment in increasing methane content and biogas yield. However, the optimal conditions for acid concentration and treatment duration are critical, as higher concentrations can inhibit microbial activity and affect process stability.

The variability in outcomes observed with chemical pretreatment methods underscores the importance of carefully controlling pretreatment parameters to avoid adverse effects on microbial communities. Differences in substrate composition and pretreatment intensity may explain varying results across studies, highlighting the need for standardized protocols and comprehensive understanding of microbial responses to chemical stressors.

Biological pretreatment involves enzymatic or microbial degradation of TKKS biomass before anaerobic digestion. Research by Liu et al. (2017) and Zhao et al. (2022) has shown that enzymatic pretreatment significantly enhances biogas production by improving enzymatic accessibility to cellulose and hemicellulose components. Enzyme-treated TKKS exhibits accelerated fermentation rates and higher methane yields compared to untreated and mechanically pretreated samples.

The superior performance of biological pretreatment methods in biogas production can be attributed to enzymatic specificity in breaking down complex biomass structures. Enzymes effectively hydrolyze lignocellulosic bonds, releasing soluble sugars that are readily fermentable by microbial consortia in anaerobic digesters. However, the implementation of biological pretreatment may involve higher initial costs and longer processing times, necessitating economic feasibility assessments for widespread adoption.

The observed trends in biogas yield and quality among different pretreatment methods reflect their distinct mechanisms for enhancing biomass degradation and methane production. Mechanical pretreatment excels in increasing surface area and promoting physical breakdown of TKKS, whereas chemical pretreatment enhances chemical accessibility through acid-induced hydrolysis. Biological pretreatment leverages enzymatic activity to achieve efficient biomass deconstruction and facilitate rapid fermentation.

### **Implications for the Potential Use of TKKS in Biogas Production and Feasibility at Scale**

The findings from research on various pretreatment methods for biogas production from empty palm oil bunches (TKKS) hold significant implications for its potential utilization and feasibility at scale. The effectiveness of pretreatment methods mechanical, chemical, and biological in improving biogas yield and quality from TKKS underscores its potential as a valuable biomass feedstock for biogas production. Mechanically pretreated TKKS shows increased surface area and enhanced enzymatic accessibility, leading to higher methane content and faster gas production rates. Chemical pretreatment, through acid hydrolysis, releases fermentable sugars and improves substrate availability, albeit with considerations for optimal acid concentrations and potential inhibitory effects on microbial activity. Biological pretreatment, utilizing enzymes or microbial cultures, accelerates biomass degradation and fermentation, resulting in superior biogas yields and quality.

The utilization of TKKS for biogas production contributes to sustainable waste management practices within the palm oil industry. By converting agricultural residues into renewable energy, biogas production reduces dependency on fossil fuels, mitigates greenhouse gas emissions, and promotes circular economy principles. The efficient conversion of TKKS into biogas also minimizes environmental impacts associated with open-field burning or landfill disposal of palm oil residues, addressing concerns related to air pollution and soil degradation.

The feasibility of scaling up biogas production from TKKS hinges on several techno-economic factors. Mechanical pretreatment offers advantages in simplicity and lower operational costs, making it suitable for large-scale implementation in palm oil mills. Chemical pretreatment, while effective, requires careful optimization to balance increased biogas yields with potential higher operating expenses associated with chemical inputs and wastewater treatment. Biological pretreatment, although promising in enhancing biogas production efficiency, may necessitate higher initial investment in enzyme production and longer processing times, requiring economic feasibility assessments for commercial viability.

### Conclusion

The research on the effect of pretreatment of empty palm oil bunches (TKKS) on biogas production has illuminated promising pathways towards enhancing sustainability and energy efficiency within the palm oil industry. By evaluating mechanical, chemical, and biological pretreatment methods, this study has underscored their distinct roles in improving biogas yield and quality from TKKS. Mechanical pretreatment, through shredding and grinding, increases the surface area of TKKS, facilitating enzymatic access and microbial degradation of cellulose and hemicellulose. This method offers a practical and cost-effective approach for enhancing biogas production efficiency, particularly in large-scale palm oil mill operations. Chemical pretreatment, specifically acid hydrolysis, has demonstrated effectiveness in breaking down lignocellulosic bonds within TKKS, thereby releasing fermentable sugars and improving substrate availability for microbial fermentation. However, careful optimization is essential to mitigate potential inhibitory effects and ensure sustainable process performance. Biological pretreatment, utilizing enzymatic hydrolysis or microbial cultures, has shown remarkable potential in accelerating biomass degradation and enhancing biogas yield and quality. Enzyme-treated TKKS exhibits superior methane production rates and efficiency compared to untreated and mechanically pretreated samples, highlighting biological pretreatment as a viable strategy for maximizing biogas recovery from TKKS. The implications of these findings extend beyond biogas production efficiencies to encompass broader environmental and economic benefits. By valorizing TKKS through biogas production, the palm oil industry can reduce greenhouse gas emissions, mitigate environmental impacts associated with waste disposal, and foster circular economy principles.

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