



The Importance of the Role of Guidance Teachers in Overcoming Learning Problems in Class XI Students of SMA 1 Sikur

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Abstract

Education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their personal potential, personality, intelligence, noble morals, and skills needed by themselves and society (National Education System Law No. 20 of 2003). Education can be achieved through the learning process both in the school environment and outside the school environment. Education is the main foundation that shapes a person's future, and teachers are responsible for determining the potential of their students.(Lesmana, 2021)However, problems that may hinder students' academic and emotional growth are common. The role of a Guidance and Counseling Teacher (BK) is very important when learning problems arise. Counseling teachers, who are often considered unsung heroes in the education system, have a special and important role in supporting student development. They are not just advisors; they are friends, counselors, and liaisons between students, parents, and school employees. This article will discuss the important role played by guidance and counseling teachers in overcoming student learning problems. Counseling teachers play an important role from spotting problems to providing necessary support and resources. in ensuring that all students have equal opportunities to achieve their best potential.(WIRIANI, 2023). This article aims to show the important role of guidance and counseling teachers, provide information about how they help students in dealing with learning difficulties, and show the positive effect they have on

educational progress. Let's take a look at the world of guidance and counseling teachers and how they help our students' futures.

Keywords: Guidance Teachers, Learning Problems, Students.

1. Introduction

Guidance and Counseling (BK) teachers are educational professionals who are very important in helping students overcome various challenges that may hinder their progress in school. BK is an expert in educational psychology and counseling and has the knowledge and skills to support students' social, emotional, and academic growth.(Nasution & Abdillah, 2019).

One of the main tasks of a guidance and counseling teacher is to find and deal with problems that affect students, including learning problems. Counseling teachers also act as mediators in resolving conflicts between students and teachers or between students and parents.(Suprayitno & Wahyudi, 2020)They are also responsible for helping students acquire coping skills and designing academic training and education plans. Counseling teachers gain a better understanding of psychological theory, child and adolescent development, and effective counseling techniques during their training. They also learn how to communicate well and build good relationships with their students.

To maintain their knowledge and skills, guidance and counseling teachers often have to attend regular training. Additionally, they may receive additional training to deal with specific problems that may arise at school, such as drugs, harassment, or other social problems.

Through this intensive education and training, guidance and counseling teachers become an important resource in the education system because they can help students in a focused and effective way in overcoming learning problems and various other problems they may encounter during school.(Lestari, 2020)It is very important for education to shape the nation's next generation. Students often face various problems in the learning process, which can affect their academic results. Therefore, the role of a Guidance Counseling (BK) teacher is very important to help overcome learning problems faced by students.(Pawero, 2021).

The learning process is a process of developing the skills possessed by each student. At this time students are required to be active in building the knowledge and competencies that students have. The activities in progress describe very fundamental elements in every type and level of education. Because success or failure in achieving educational goals really depends on the learning process experienced by students. Learning can also be considered successful when changes occur in students. In learning, students experience a process from not knowing to knowing. The most important thing that every student must do optimally is to be able to master or obtain something

as an effort or activity aimed at making changes within themselves, including changes in behavior, attitudes, habits, knowledge, skills, and so on.(Amka et al., 2020).

The effectiveness of the learning process or teaching and learning process (PBM) is greatly influenced by internal and external factors of students. The two are interrelated, between internal factors in the form of health, level of intelligence, interests and so on and external factors in the form of environment, family, society, learning media and so on which will be used in the learning process to achieve optimal educational goals. Therefore, education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have religious spiritual strength, self-control, personality, intelligence, noble morals, and the skills needed by themselves and society.(Hazmi & Al-Rasyid, 2023).

Learning difficulties are obstacles and disturbances experienced by students in the process of learning activities. Where it appears that students are less able to face the demands that must be made in each learning process, so that the results are less than satisfactory. Learning difficulties in students are usually clearly visible from the decline in their learning achievement. However, learning difficulties can also be identified from the way they complete assignments in class and outside of class(Noviansyah & Mujiono, 2021).

The role of the Guidance Teacher in the learning process is as a student's trusted friend, mentor, developer (perseverative) of self-potential, preventing (preventive) students experiencing problems with school regulations. It also helps provide solutions to learning difficulties experienced by students in all subjects (curative) seeking "cure" in overcoming problems. More broadly, BK teachers also carry out rehabilitation or follow-up placement after adequate action/treatment has been carried out. With methods like this, students can gain knowledge and improve their competencies to support the success of the educational goals themselves.

This article will discuss the important role of guidance and counseling teachers in overcoming student learning problems because guidance and counseling teachers not only advise students about career choices and study plans, but they also have a big responsibility to guide, support, and deal with personal problems that can affect students' academic achievement.

2. Method

The research used in this research is a qualitative approach in the nature of library research. Data collection techniques are carried out by collecting data, whether articles, journals, books, as well as other sources that are relevant to this study. Apart from that, this research also involved interviews and giving question papers to class XI IPA 1 SMA SIKUR students who were the object of research or students who had problems. Interviews and at the same time giving questions to students who have problems are carried out in the guidance and counseling room personally for each student concerned.

2.1 Participants

There are 25 students in class XI IPA 1 at SIKUR SMA, but in this researcher we used 10 students as samples in the research.

2.2 Data Collection

2.2.1 Instrument of Collecting Data

Collection Data regarding the importance of the role of Guidance and Counseling (BK) teachers in overcoming learning problems in class XI IPA 1 students at SIKUR SMA can be done through several methods, interviews, and providing question papers.

2.3 Data Analysis

The data collected from assessments and questionnaires were analyzed quantitatively, while data collected from interviews were examined qualitatively. Pearson correlation coefficients were calculated for the nine factors that contribute to clarity to find out which factors qualify for path analysis which in turn will show the relationship between clarity and the contributing factors.

3. Results

Findings in this research, awareness of going to school or studying really needs to be emphasized in students so that they can maximize their potential in following the subjects they are studying, because most of the class XI students of SMA 1 SIKUR experience learning problems, especially in understanding the material and motivation to learn. So the role of guidance and counseling teachers in overcoming this problem needs to be to carry out counseling or guidance techniques to increase students' enthusiasm for learning. Counseling teachers need to focus their attention on understanding these problems to provide appropriate guidance and cooperation between subject teachers in handling these problems. Efforts that guidance and counseling teachers can make to overcome learning difficulties

students, namely by providing regular counseling to students who are experiencing learning difficulties or who have family problems. Guidance and counseling teachers can provide direction, input and encouragement to students who are facing problems so that the students receive attention and comfort. So that students are open and the efforts made by the guidance and counseling teacher can motivate and direct students in learning, students also feel cared for through guidance and counseling for students who experience learning difficulties, so these students feel they are getting attention like other students, their grades and achievements increase. Guidance in groups carried

out by guidance and counseling teachers in overcoming students' learning difficulties is quite effective and is able to make quite good changes to student learning outcomes and makes students motivated to change their way of learning to be even better than before. This can be known from the results of interviews conducted by researchers with guidance and counseling teachers at schools.

4. Discussion

Many factors that cause learning difficulties in the form of listening, conversing, reasoning or calculating are intrinsic learning difficulties. These intrinsic learning difficulties occur due to the influence of other factors such as environmental influences, inappropriate learning, and so on.

A guidance and counseling teacher must be able to identify or mark the emergence of learning difficulties experienced by students. To be able to identify the emergence of learning difficulties. Guidance and counseling teachers require a special set of skills, although instinctively a teacher is usually aware of the emergence of learning difficulties in their students. The ability to identify based on instinct is certainly less effective when compared to knowledge based on the application of steps for learning difficulties.

5. Conclusion

Guidance teacher own special role in understanding students' individual characteristics and needs. With a deep understanding of class XI students, guidance and counseling teachers can identify the factors that influence their learning problems.

Through regular observation and counseling, guidance and counseling teachers can detect student learning problems at an early stage. This makes it possible to provide fast and effective intervention before the problem becomes more complex. Apart from that, guidance and counseling teachers are tasked with knowing and understanding behavior and also providing counseling to students so that they can help students overcome every student problem. Guidance counseling not only helps students to make learning easier, but also helps students to resolve other problems that can interfere with students' concentration in receiving lessons.

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